

## **RETURN TO PLAY PROTOCOL FOR INJURED STUDENT-ATHLETES**

**The Athletic Trainer (ATC) is responsible to provide not only emergency care to injured athletes, but also provide injury prevention, and reconditioning of athletic injuries. While the role of the ATC is not to take the place of the family physician, the ATC can act as a liaison between the athletes, coaches, parents and medical community, as well as carry out the direction of a physician regarding care and rehabilitation after an injury .**

- **Medfield High School requires that the athletic trainer to be informed of all injuries and conditions that impact the participation status of a student-athlete.**
- **When your son/daughter is injured they should report to the athletic trainer as soon as possible. When they are referred to a physician or emergency room the student-athlete is required to report to the athletic trainer and bring all notes from MD that states that they are cleared to return to play.**
- **In order for the athlete to be allowed to return-to-play they must check in with the athletic trainer who will inform the coach of their status.**
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- **Coaches may not return an athlete to play unless they have been cleared by the school athletic trainer.**
- **The student-athlete should bring a note from the physician that states that permission to return to play has been given.**
- **Failure to do so may result in the suspension of participation until this step is completed.**
- **If you have any questions please contact: Maria Hutsick, LAT, athletic trainer, Medfield High School.**