

MEDFIELD HIGH SCHOOL**JANUARY 2010****\$ 2.75**

Monday	Tuesday	Wednesday	Thursday	Friday
4 CHICKEN NUGGETS Oven French Fries Buttered Corn Fruit Choice (fresh/chilled)	5 OVEN BAKED CHEESE LASAGNA Green Beans Soft Dinner Roll Fruit Choice (fresh/chilled)	6 SPICY BUFFALO CHICKEN SANDWICH Carrot & Celery Sticks Ranch Dressing Potato Chips Fruit Choice (fresh/chilled)	7 MEATBALL SUB With Sauce and Cheese Buttered Peas Fruit Choice (fresh/chilled)	8 SICILLIAN CHICKEN PIZZA Carrot & Celery Sticks Fruit Choice (fresh/chilled)
11 TERIYAKI BEEF DIPPERS Steamed Rice Stir Fry Vegetables Fruit Choice (fresh/chilled)	12 MUCHO NACHO'S Nacho Cheese Sauce Seasoned Beef Salsa, Sour Cream Sweet Corn Fruit Choice (fresh/chilled)	13 CHICKEN PARMESAN SANDWICH Oven Potato Puffs Carrot & Celery Sticks Fruit Choice (fresh/chilled)	14 GRILLED CHEESE SANDWICH Potato Chips, Pickle Carrot & Celery Sticks Fruit Choice (fresh/chilled)	15 TEACHER DAY ONLY
18 NO SCHOOL	19 HAMBURGER, CHEESEBURGER OR VEGGIE BURGER Onion Rings Glazed Carrots Fruit Choice (fresh/chilled)	20 HOT TURKEY SANDWICH With Mashed Potato Gravy Cranberry Sauce Fruit Choice (fresh/chilled)	21 Mid Term Exams SOUP AND SANDWICHES AVAILABLE	22 Mid Term Exams SOUP AND SANDWICHES AVAILABLE
25 Mid Term Exams SOUP AND SANDWICHES AVAILABLE	26 Mid Term Exams SOUP AND SANDWICHES AVAILABLE	27 BBQ CHICKEN AND CHEDDAR SUB Oven French Fries Carrot & Celery Sticks Fruit Choice (fresh/chilled)	28 WARM HAM & CHEESE CROISSANT SANDWICH Vegetable Pasta Salad Fruit Choice (fresh/chilled)	29 PIZZA DIPPERS Marinara Sauce Carrot & Celery Sticks Fruit Choice (fresh/chilled)

MENU SUBJECT TO CHANGE WITHOUT NOTICE : Health by Choice Salads are available every day (Chicken Caesar, Greek, Tuna Salad Plate, etc) to include Dressing and Pita or Roll Up, Milk, Fruit Choice. SERVED DAILY: Assorted Sandwiches, Pizza, Milk, Fruit, , Bagel Lunch with Yogurt, and Salad Bar available ala carte.